

Trick or Teeth!

A HALLOWEEN CANDY SURVIVAL GUIDE

Enjoy the treats.
Keep the scares out of your smile!



BEWARE THE STICKY STUFF!

Caramels, gummies, taffy and other sticky candies can cling to your teeth and may even tug at dental restorations like crowns and fillings.



CRUNCH WITH CAUTION!

Hard candies and lollipops can chip teeth or damage crowns, fillings and other dental work.



DON'T GRAZE LIKE A GHOST!

Enjoying candy at a designated time instead of constantly snacking helps limit repeated sugar exposure throughout the day.



GIVE YOUR TEETH A LITTLE TLC!

Brush twice daily with fluoride toothpaste and clean between your teeth to help keep your smile healthy and strong.



SOMETHING GO BUMP IN YOUR BITE?

If a tooth chips, a crown comes loose, or you experience pain, contact your dentist. Severe pain, swelling or dental trauma should be evaluated promptly by a dental professional.

WE'RE HERE
TO HELP KEEP
YOUR SMILE
SCARY GOOD!

YOUR DENTAL PRACTICE NAME HERE

Phone | Website | Address

We look forward to keeping your smile healthy all year long!